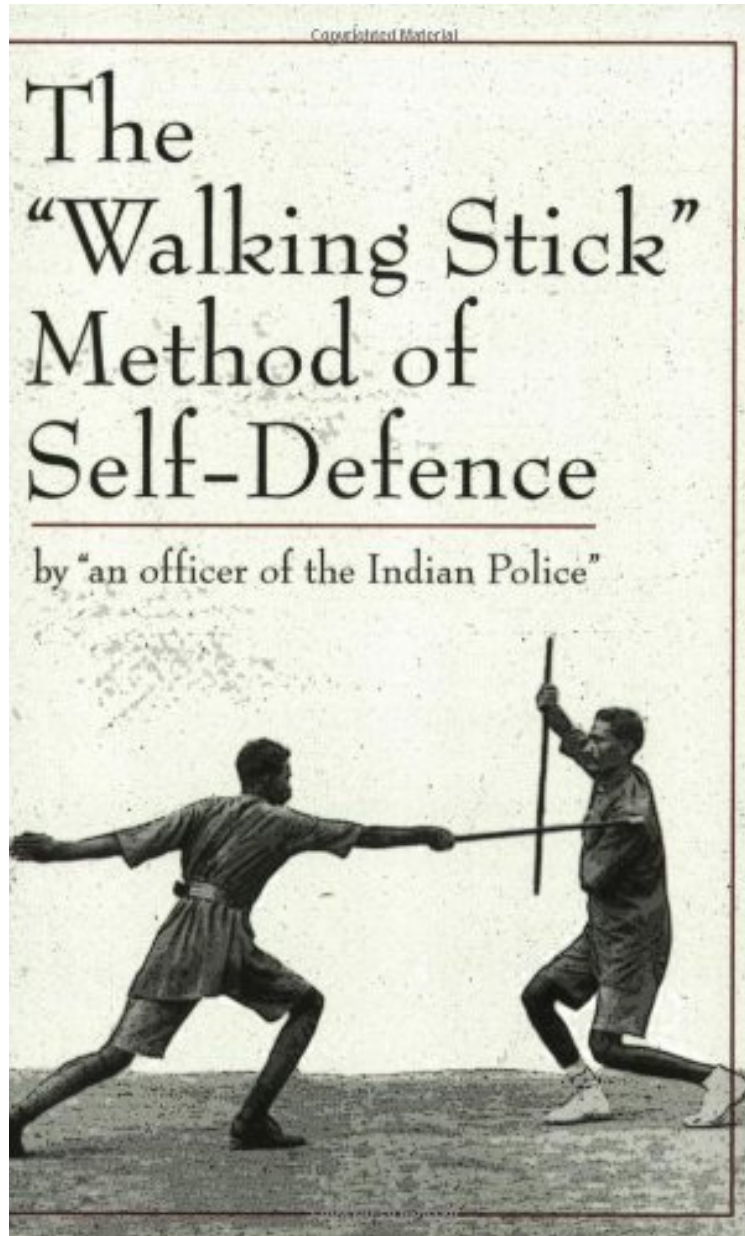


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book offers great insight to protect yourself against man or beast. A stick is a great tool and person that knows how to use a stick a confident person.3 of 3 people found the following review helpful. Great start in walking stick defense.By

C. PeteConsidering we live in a completely different culture than this book was written for it has excellent information. He concentrates on stick to stick defense rather than the typical empty handed or knife or gun wielding attacker we will normally experience in our culture. Nevertheless, it is a good book. Following his ways and practicing as he recommends will go a long way for anyone wanting to learn stick defense.1 of 1 people found the following review helpful. An interesting read.By TysonI thoroughly enjoyed this book. It provides great advice as well as a look back in history. You will see that while some techniques and stances in the book have evolved, the theory and advice behind them largely are the same. My only knock on the book and it may be because it's a kindle version is the figures are at times far from the descriptions. A solid edit or maybe smaller pictures with the text would engage the reader and enhance the book.

The walking stick is a convenient and formidable weapon in the hands of a man trained to use it. With the carry and use of firearms and knives gradually becoming more restricted by law, the stick is becoming an increasingly viable implement of practical self-defense for ordinary citizens. This book by "an officer of the Indian Police" is an extraordinary example of a practical martial art text of the early 20th century. The entire range of defensive and offensive skills is discussed and demonstrated, including guards, strikes, combinations, counterattacks, feints and tricks, double-handed techniques and training drills.